



MYIMA is proud to present the Heart of the Woods Sessions at Hollington Wood.

A series of exciting woodland adventures inspired by beautiful children's stories that warm your heart.

Storytelling  Adventure  Messy Woodland Magic

Key:  Family Sessions for all ages  Over 6 years old

Hello, this is Jess from Myima. Thank you for taking the time to read about my family sessions this February Half term. I hope you are as excited about them I as I am xxxx

To book contact Jessica Flowers at [myima@hotmail.com](mailto:myima@hotmail.com) or call on 07789938996. For the full booking information see details at the end of this document. Happy reading!!!! I look forward to hearing from you very soon xxx

**Valentines Day Special  Sunday 14th February from 11am to 1pm**

Join us for a tea party with a difference. Inspired by the curious world of Lewis Carol's Alice in Wonderland, we will be making love potions and mad hatters tea and well as exploring the Queen of Hearts trail through the trees, with the chance for a little romance whilst we entertain your beautiful children.

**Super-wild Builders  Monday 15th February from 10am to 12pm**

Follow super-worm's lead and become a woodland hero! Inspired by Julia Donaldson's Super Worm, we will be using our imaginations and ingenuity to rescue and care for creatures in sticky situations. From bark slides and dens to tracking and woodland soup making, this promises to be an intriguing experience.

**Wacky House Hunt  Monday 15th February from 1pm to 3 pm**

Can you help the wise doll to complete Baba Yaga's challenge-filled trail? Inspired by the story of The Wise Doll, by Hlawyn Oram, we will be getting up to all sorts of crazy and messy challenges, from foraging and fire cooking to pestle and mortar driving, on the quest to find the chicken-legged house and earn your very own fire.

**Pixie Dust Trail  Tuesday 16th February from 1pm to 3pm**

Deep to the woods, hidden from grown ups sight, lies the magical world of fairies, oakmen and tree caves. Join us as we make magical pixie dust and wands to help us on this sparkling pixie dust adventure to discover their secret wishing well hide out. From trail marking to woodland soup making, this promises to be a magical experience! Dressing up highly recommended!

**Twilight Wonderland  Tuesday 16th February from 4 to 6pm**

Are you mad enough to join us on a twilight adventure? Inspired by Alice through the looking glass and the Return of the Jabbywocky, by Oakley Graham, we will be exploring the woods as you have never seen them before. Join us on a torch light adventure through our curiously illuminated woods to hunt for potion ingredients and vorpal swords to vanquish the jabbywocky hiding out in the woods.

### **Whittling Mammoths □ Wed 17th February from 10am to 12pm**

Come and try your hand at whittling whatever your heart desires with a good dose of adventure to boot. Inspired by the book *Me and my Mammoth*, by Joel Stewart, we will explore the world of creativity, whittling and green work. Aimed at 6 year olds plus, they will get the opportunity to try their hand at green woodworking skills and create a unique piece of woodland art. Don't panic...clay will also be provided for younger siblings; but younger siblings will need to be supervised at all times. This session costs £5 per person for any person wishing to actively participate in the whittling ( i.e making their own creation), child or grown up!

### **Sticky Tree Trail □ Wednesday 17th February from 1 to 3pm**

Someone has got all sorts of things stuck in the trees! What will you find? Inspired by the brilliant book *Stuck* by Oliver Jeffers, come and help us tidy up the trees using your brilliantly creative hands. From throwing sticks to climbing trees and of course lots of muddy mischief, this adventure promises to be full of crazy surprises!

### **Secret-pants Trail □ Thursday 18th February from 10 to 12pm**

Some aliens seem to have been and hung out all their underpants stashed to dry in the woods! Based on the new book *Aliens Love Dinopants*, by Claire Freedman, we will become woodland secret agents following their trail to discover their secret launch pad hidden in the woods. Join us for messy mayhem as we go on a bottle rocket adventure in the trees. This is going to be a wet one, involving launching water bottle rockets, so bring a spare set of clothes and shoes :-)

### **Tiddler's Trial □ Thursday 18th February from 1 to 3 pm**

Can you help the magic tree fishes find Tiddler? He's been on one of his mad adventures in the woods and needs your help getting home again! Inspired by the family favourite *Tiddler*, by Julia Donaldson, we will be tracking his adventure back through all his tall tales to discover where he is hiding out with all our bubbles. This is going to be a wet and sticky one, involving messy play and creative bubble blowing, so bring a spare set of clothes and shoes :-)

### **Highwaymen Heroes □ Friday 19th Feb from 10 to 12 pm**

Can you be a highway hero? Can you stop the poor woodland folk going hungry? Inspired by beautiful book *The Highway Rat*, by Julia Donaldson, we will be riding hobby horses through the beautiful winter woods in the hunt of the highway rat's stashed loot. Join us as we explore echoey tree caves for tasty treasures and turn them into a woodland feast. Dressing up highly recommended :-)

### **Smelly Goblin Trail □ Friday 19th February from 1 to 3pm**

Can you make woodland magic? Inspired by the reworked story of Jack Frost, by David Melling, we will be exploring the enchanted world of Jack Frost, experimenting with natural materials to make potions, snail glue and worm juice surprise as well as going on a magical creature trail to discover the whereabouts of the cabbage smelling goblin liar. Please don't panic... No actual worms or snails will be harmed in the process. This will be a messy and probably sticky session so bring plenty of wet wipes and a change of clothes and shoes :-)

## Slingshots & mudhuts ☐ Sat 20th Feb from 10am to 12pm

An old favourite with a twist! Fun the whole family will love, from flinging mud to building mud houses, with woodland adventures to boot! What can we fling this time??? Who knows where the adventure will take us :-)

### Booking information:

- 1) All the sessions cost £5 per child, with grown ups going free unless otherwise stated. Children are expected to pay for their space once they are old enough to interact with the session activities; so around 1 year old.
- 2) These are family sessions where parents are actively encouraged to participate with their children in the sessions.
- 3) Session fees are expected to be paid for in advance of the session either by cash or via bank transfer to Jessica Flowers. Please ask for details upon booking. Where a booking is last minute, cash on the day is acceptable.
- 4) Session fees are non-refundable. Where you must cancel due to illness, credit can be held for up to 3 months. However, where no reason for absence is given or cancellation is less than 24 hrs in advance, no credit can be held.
- 5) I require a minimum of 8 children per session for it to go ahead, so please spread the word and bring your friends along with you xxx
- 6) There is a maximum of 15 children per session, so book early to avoid disappointment :-)
- 7) Please bring a snack, change of clothes and shoes and be ready for all weathers. Only high winds with cause a session to be cancelled.
- 8) Please provide the following information; the name of the session you wish to book onto/ child(ren) names and ages/ accompanying parents name(s)/ contact details including an emergency contact number/ any allergies I should be aware of/ whether or not you are happy with photographs being taken of your child participating in the session activities.
- 9) Directions: Hollington Wood is located off the A509 between the Sherington and Filgrave turning, but on the opposite side of the road. Turn into the private double-gated entrance, that has lions on the top of it, signposted Ekeney Campsite. Follow the farmers track until you see the first woodland appear in front of you. This is Hollington Wood. Take the turing left into it, signed as Hollington House, and bear left into the car park. Please park here ensuring you leave access to the container and the main woodland track, as Hollington Wood is an actively managed woodland. From the car park, follow the Myima signs to our activity hubof the day.